## Your Supports, Your Way



Empowering individuals to choose their path and flourish in the community



## What is Your Supports?

Your Supports, a key part of The Bridge Connects community services, offers personalised one-on-one assistance both at home and in the community.

Our individualised approach empowers clients with the choice and control to determine how and what they wish to use their support for.

## This can include assistance with:

- Overnight and 24-hour support
- Personal care
- Meal preparation
- Medication assistance
- Cleaning
- Gardening
- Entertainment & leisure

- Work experience
- Shopping
- Attending appointments
- Mobility support
- Community participation
- Transport assistance
- Therapy support + more!









"I'm so grateful for the team at The Bridge, encouraging me to grow, socialise, and to fulfil my goals." C.C

Your Supports can also link into group activities via our Day Services and Getaways recreational service so clients can enjoy a wider variety of activities.



(Centre Based)
Promoting health and wellbeing,
life skills and participating socially
in centre and the community.



Your Supports (Home Based)

Providing one on one assistance in home and the community.



**Getaways**Recreational and respite leisure activities, as well as trips away

within Victoria and interstate.



For more information contact our team at:



1800 274 343