



# Empower Autism

## emPOWER UP: Employment



### WHO IS EMPOWER AUTISM?

Empower Autism is a not for profit that strives to enable positive social change **with** and **for** autistic people by delivering programs and services that empower and support autistic people to improve their employment outcomes and social connectedness.

### WHAT is emPOWER UP! EMPLOYMENT

emPOWER UP: Employment has been designed by autistic people for autistic people. The program focuses on key areas of employment, from career path planning that aligns with one's strengths and values, to self-advocacy, and self-care in the workplace.

### HOW WILL YOU BENEFIT?

emPOWER UP: Employment aims to empower autistic individuals by building their confidence in promoting a positive autistic identity while obtaining and maintaining employment. Participants will learn practical skills to foster increased comfort and professional competency in a working environment.

### emPOWER UP Employment features four modules:

- ✓ career planning
- ✓ starting a new job
- ✓ workplace adjustments
- ✓ job applications

### emPOWER UP Employment is for Autistic individuals 17- 30 who:

- Are seeking career direction that suits their strengths.
- Are currently in the workforce.
- Are preparing to enter the workforce.

### PROGRAM DETAILS

emPOWER UP: Employment is delivered in standard and fast-track formats throughout the year. The standard format features a few hours of learning weekly for one month. The fast-track format is completed over two days. This program is delivered in person in Brisbane and online. See our website for more details.

### FEES

**No-out-of pocket expense**

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### HOW TO APPLY

If you are interested in enrolling in the program, please email [programs@empowerautism.org.au](mailto:programs@empowerautism.org.au) or call (07) 3865 2911 or register at [www.empowerautism.org.au/](http://www.empowerautism.org.au/)

